

Register and view schedule at waukeetrackclub.com



Waukee Track Club

@WaukeeTrackClub

The Waukee Track Club is open for kids at any skill level who will be in **Grades 3-12 in 2018-19 school year** who are looking for the opportunity to learn more about track and field events with the option of participating in developmental meets.

These kids will learn fundamentals of running mechanics and movement, speed development, event strategies, as well as compete in optional meets. These athletes will follow training programs that are designed for specific events and all skill levels.

8<sup>th</sup> Grade and High School athletes can join upon the completion of their school seasons.

3 <sup>rd</sup> -4 <sup>th</sup> Grade	\$90, 13 x 60 min practices Wednesdays April 17 – May 15 Mondays & Wednesdays May 20 – June 12 * <i>limit to first 50 kids that sign up</i>
5 <sup>th</sup> -7 <sup>th</sup> Grade	\$210, 35 x 75 min practices Mondays & Wednesdays Mar 25 – May 15 Mondays, Wednesdays & Thursdays May 20 – July 3
8 <sup>th</sup> Grade	\$125, 21 x 75 min practices Mondays, Wednesdays & Thursdays May 13 – July 3
9 <sup>th</sup> -12 <sup>th</sup> Grade	\$115, 19 x 75 min practices Mondays, Wednesdays & Thursdays May 20 – July 3

The Waukee Track Club is a USATF sanctioned club. Parents will be responsible for purchasing a running top for meets.

NEW THIS YEAR: Club will pay all meet registrations for athletes!



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