



# **FUN WITH FRIENDS** DEVELOPING SKILLS **BEING ACTIVE**

## YOUTH SPORTS SPRING VOLLEYBALL **WAUKEE FAMILY YMCA**

#### 3rd and 4th Grade

This clinic will focus on fundamental volleyball skill work and provide an introduction to game concepts in a positive atmosphere. Volleyballs will be provided.

#### **Details:**

Thursday Nights: April 11, 18, 25, May 2, & 9 (5 weeks)

5:45 p.m.-7:00pm at Waukee Elementary Cost: \$55 Y Members/\$75 Non-Members

Limited to 30 participants!

### 5th - 7th Grade

This program will be focused on skill development and progress into gameplay. Weeks 1-3 will focus on ball skills and technique and weeks 4-5 will focus on scrimmages and game introduction. Kneepads are optional but recommended. Volleyballs will be provided.

Thursday Nights: April 11, 18, 25, May 2, & 9 (5 weeks) 7:00 p.m.-8:15pm at Waukee Elementary

Cost: \$55 Y Members/\$75 Non-Members

Limited to 30 participants!

#### **Registration Information**

Registration may be done online at www.dmymca.org, at the Welcome Center or by calling 987-9996 (press 0). Class sizes are limited to 30 per group so register early.

Waukee Family YMCA

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www.dmymca.org/waukee



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