



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TEAM ENVIRONMENT DEVELOPING SKILLS VOLLEYBALL

YOUTH SPORTS FALL VOLLEYBALL YMCA OF GREATER DES MOINES

The YMCA believes in nurturing healthy lifestyles and skills for our youth. Volleyball will be a great opportunity for your child to explore a new sport, develop their current skills, increase their self confidence and work within a team atmosphere. Volleyball provides an opportunity for adults to be positive role models and serve our community through coaching.

All coaches will be YMCA youth sports certified. If you are interested in coaching, please contact the Sports Program Coordinator.

Ages

Volleyball Clinic: 3rd & 4th Grade

This clinic will focus on fundamental volleyball skill work and provide an introduction to game concepts in a positive atmosphere.

Volleyball Leagues: 5th & 6th grade, 7th & 8th grade leagues.

This recreational league is designed to give kids more exposure to volleyball in a positive atmosphere so they can enhance their skills.

Where/When

3rd & 4th Grade: September 10—October 8 (5 weeks)

Clinics are held at Waukee Elementary on Tuesday Nights 6:00 p.m.—7:15 p.m.

5th—8th Grade: September 5 - October 17 (7 practices/6 games)

5th & 6th grade games are played Thursday nights (vary 5:30–8:30pm)

7th & 8th grade games are played on Thursday nights (vary 6:30–8:30pm)

The first practice will be Thursday, September 5 and then Monday nights for the rest of the season beginning September 9. Games begin Thursday, September 12.

Games and practices are held at Waukee Elementary School. The first practice will be September 5 due to Labor Day on September 2.

The time of practice will be between 5:30 and 8:30 and will be determined by the volunteer coach and communicated to the team.

Please bring your own kneepads. Balls will be provided.

Registration Information

Registration may be done online at <https://register.dmyymca.org/online/search.php>, in person at the Welcome Center, or by calling 515-987-9996, press 0.

The registration deadline for the leagues is August 25.

Any registration taken after August 25 will be charged a \$10 late fee.

Rates

3rd–4th Grade: \$50 Members/\$70 Non-Members

5th–8th Grade: \$80 Members/\$105 Non-Members

Early Bird Special! Register before June 23 and save \$10!

\$15 All Sports Jersey

**Required to participate*

WAUKEE FAMILY YMCA

Program Contact: Jeff Lauridsen, Sports Program Coordinator
210 N Warrior Lane Waukee, IA 50263

P 515-868-0510 F 515-987-9921 www.dmyymca.org

This is not a Waukee Community School District publication. It is being distributed through the school district as a community service of the district to inform you of other community activities or services available.

