Skate with US

Registration includes:

*six 45-min sessions

30-minute lesson -

15-minute practice

*Free rental skates

There are classes available for all ages (3 year olds through adults) and skill levels.

NO Make-up classes. No refunds, exchanges, or credits for future sessions.

Make sure to wear long pants, long socks and gloves or mittens!

Upgraded professional skates \$20/ session

We sell skates! We sharpen skates!



Metro Ice Sports 5100 NW 72nd Street Urbandale, IA 50322

Our Objectives

Teach the fundamentals of ice skating while building confidence and skills through each lesson.

Dates subject to change.

Session 1

Saturday 3:15-4:00pm Sep.28; Oct.5,12,19, Nov.2,9

Session 2

Saturday 3:15-4:00pm

Nov.16,23; Dec.7,14,21,28;

Session 3 (Winter)
Saturday 3:15-4:00pm

Jan. 4,11,18,25, Feb.1,8;

About the Program

A curriculum that offers something for everyone- from the first steps on the ice to mastering advanced techniques. Coaches will evaluate the skaters throughout the Session, testing on the 6th week. We prefer pre-registration on our website to help us schedule class sizes and coaches assignments. We are excited to offer our private lessons (Metro public skate) Sat.1:00-3:00pm to help our skaters progress. There lessons are intended for low and mid. level skaters.

www.dmfigureskating.com

"This is not a school publication, nor is it in any way endorsed or sponsored by any school district. This publication is being provided only to inform you of other available community activities and opportunities."

Registration

Early Bird Registration Fee when you sign-up before Nov. 5th for



1st skater: \$100/session, additional skater in family: \$85.

**Each 6 Week Session is \$100. You can take advantage of our \$95

Name:	
Birthday:	_Age:Shoe size:
Skating Level:	
E-Mail:	
Address:	Phone:
Session #:	_
How did you hear a	bout us?
Registration can be sub	omitted online at http://dmfigureskating.com
(E1E) 400 E149 for	
(919) 490-9148 Or 101	rms can be mailed to: Elena Tobiash
3204 67 ^{t1}	rms can be mailed to: Elena Tobiash Street Urbandale, IA 50322 owafigureskating@gmail.com
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