



The Waukee Track Club is open for kids at any skill level who will be in **Grades 3-12 in 2019-20 school year** who are looking for the opportunity to learn more about track and field events with the option of participating in developmental meets.

These athletes will learn fundamentals of running mechanics and movement, speed development, event strategies, as well as compete in optional meets. They will also follow training programs that are designed for specific events and all skill levels.

8th Grade and High School athletes can join upon completion of their school seasons.

The Waukee Track Club is a USATF sanctioned club, as well as a 501(c)3 non-profit organization.

Parents will be responsible for purchasing a running top for meets. The club will pay meet registration fee for athletes.

This is not a Waukee Community School District publication. It is being distributed through the school district as a community service of the district to inform you of other community activities or services available.