



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BEST SUMMER EVER



Summer Sports Clinics WAUKEE FAMILY YMCA

Waukee Family YMCA summer sports clinics are designed to give participants a full immersion into unique program opportunities. Participants will develop new skills while learning about each sport, and clinics will also focus on the four core values of the YMCA: caring, honesty, respect and responsibility.

SOCCER

June 15-19

This clinic is open to all ability levels and will help take your game to the next level. We will do drills and mini-games as well as full scrimmages. Have your soccer cleats ready for this exciting clinic!

BASKETBALL (6-9 Year Olds)

June 22-26

Our basketball clinic emphasize basic to advanced skills instruction and practice in the areas of shooting, dribbling, passing, rebounding and defense. Campers will learn the rules of basketball as well as team concepts and sportsmanship. Ideal for any youth basketball player looking to improve their basketball skills, or a player who wants to learn the fundamentals of basketball.

DODGEBALL

July 6-10

What kid doesn't like to play the game of dodgeball? We will be playing several variations of dodgeball with the use of rhino skin balls. These balls are designed to be safe for kids of all ages. Ready, set, Dodgeball!

THE FIRST TEE (golf)

JULY 13-17

Introduce your child to the sport of golf through The First Tee DRIVE program. We will teach the basics of golf as well as focus on the 9 core values of the program including; sportsmanship, judgment, courtesy, honesty, integrity, respect, confidence, responsibility, and perseverance.

BASKETBALL (6-9 year olds)

July 20-24

Our basketball clinic emphasize basic to advanced skills instruction and practice in the areas of shooting, dribbling, passing, rebounding and defense. Campers will learn the rules of basketball as well as team concepts and sportsmanship. Ideal for any youth basketball player looking to improve their basketball skills, or a player who wants to learn the fundamentals of basketball.

FLAG FOOTBALL

July 27-31

This is a non-contact clinic for all participants. Campers will work on route running, passing as well as offense and defense. This clinic is ideal for any youth flag football player looking to improve their football skills, or a player who wants to learn the fundamentals.

IMPORTANT INFO

DATES

Monday through Friday

TIMES

1:00 p.m. - 4:00 p.m.
Participants must be dropped off no earlier than 12:45 p.m.
Pick up begins at 3:50 p.m.

LOCATION

Waukee Family YMCA
210 N. Warrior Ln.
Waukee, IA 50263

COST

\$70 — Y members
\$110 — non-members

AGES

6-12 Year Olds (except for Basketball)

REGISTRATION

1. In person at the Welcome Center
2. Over the phone by calling 515-987-9996, press 0
3. Online at dmyymca.org

CONTACT

Jeff Lauridsen
Waukee Family YMCA
515-868-0510
jeff.lauridsen@dmyymca.org

Check out our Basketball Academy flyer for clinics designed for players ages 10+.