



REQUEST FOR QUOTE (RFQ) - Invitation to Submit Quote

Publish Date: January 13, 2021

Description: The RFQ is issued with the intent of inviting vendors to submit a quote for “*Package A – Weightroom Equipment*” to assist in equipping Waukeee Community School District’s second comprehensive high school (Northwest High School) as per the specifications below. Northwest High School will open in the fall of 2021.

Package A – Weightroom Equipment	
Quantity	Description/Specification
14	<p>9’ Combo Power Rack Short Base 52” w/Custom Storage</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> 39160A, CPWRNSB-9 • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ Depth: 52” ○ Width 94 5/32” ○ Height 9’ ○ w/Weight Plate Storage above Custom KB Storage (<i>4 pegs to the outside and 3 pegs on the inside of the rack. Bottom peg is 11” each peg up is 2” shorter providing tiered effect. 5-degree angle to prevent plates from falling off</i>) ○ w/ Cain and Band Storage ○ w/ Vertical Bar Storage ○ w/ 2 x Spotter Arms ○ w/ 2 x “Rhino Hook” Bar Catches: Bar catches have an inside double pin design fitting two safety slots for added strength and safety. ○ w/ 2 x Dual Grip Chinup Bars ○ w/ Kettlebell Storage
1	<p>Custom Connecting Bridge System Middle</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> Custom • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ w/ Alternating Grip Configurations (1”, 1.5”, 1.75”, 2”) ○ w/ Custom Logo Signage (Wolf Compass Logo) ○ w/ Custom Bracket above Bridge Middle ○ w/ Actual Length (18’) to be confirmed ○ w/ width of approx. 6’6” ○ No LED

2	<p>Custom Connecting Bridge System – North & South</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> Custom • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ w/ Standard 1.5’ diameter Grip Configuration ○ w/ Actual Length (18’) to be confirmed
10	<p>Connecting Brace Chinup Handle</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> 11179A-96, CBCH • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ 2” Thickness, Length 7’ TBD
10	<p>Custom Connecting Brace Chinup Handle</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> 10568A-96, CBCH-C • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ w/ Spheres, Straight Bar w/Knurl and Tabs, Length 7’ TBD
28	<p>Pro Series Multi Angle Dumbbell Bench</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> 60100B, Pro-PDBB • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ w/ rotating Utility Pads
28	<p>High Rotation Attachment</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> 52051A, CPWR-HRA • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ Length:19”, Width: 3 ½”, Height: 7”, Weight: 10lbs, ○ Attaches to all racks
14	<p>Rack Dip Attachment Standard</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> 23001C, RDA • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ Length:36”, Width: 27 1/2” -20”, Height: 7 ½ “, Weight: 30 lbs,
28	<p>Band Shaft for Combo Rack</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> 39201A, BSCR • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ Length: 18 ½ “, Width: 2 ½ “ – 14” with shaft attachment, Height: 3”, Weight: 10lbs
8	<p>Posterior Chain Developer</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> 11904B, PCD

	<ul style="list-style-type: none"> • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ Length: 67 13/32", Width: 35", Height 46 7/32", Weight: 400lbs ○ Bi-lateral and Uni-lateral movement/locking movement arms, Removable center pad, Multiple ankle strap positions, tilt-engage wheels
1	<p>Belt Squat</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> 7100D, PLBsquat • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ Depth: 61", Height 48", Width 71", Center load work arm, 5 peg weight storage on each side, Large working platform allows for different squatting styles.
8	<p>Triangle Handle Attachment (Seated Row)</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> 99657 • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ Each handle measures 7" on either side, knurled handles.
8	<p>Tricep Rope Attachment</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> 99691 • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ Double grip triceps press down rope.
4	<p>"D" Stirrup Handle</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> 23001C, RDA • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ Handle features a chrome coating and a 35mm urethane grip ergonomically designed for extreme comfort and control.
8	<p>Full Set Foam Plyometric Boxes w/Logo Velcro Free</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> 53001, FPB-FSET • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ Height: 1-3", 6", 12", 18", 24", Width: 36", Depth:30", Slip resistant surface on top and bottom.
6	<p>4-Tier DB/MB Storage Rack</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> Custom • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ 3 Tier 15 pair DB, 1 Tier for Med Ball, Depth 24 5/32", Length 97 3/4", Height 50 1/32".
3	<p>12-pack Glute Ham/Ab Roller</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift

	<ul style="list-style-type: none"> • <u>Model</u>: 13104A, GAR-12 • <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Width: 25 1/6", Depth 15 1/4", Weight 12lbs., Band attachment loops, 1 1/4" diameter grips, 2" V groove for secure heel/ toe placement, Urethane wheels, Storage cart included.
14	<p>Safety Squat Bars</p> <ul style="list-style-type: none"> • <u>Make</u>: Power Lift • <u>Model</u>: 47500A, MSSB-S • <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Weight: 70lbs, Length 7'2", Variable hand position.
28	<p>Uesaka 20 KG Training Bar</p> <ul style="list-style-type: none"> • <u>Make</u>: Power Lift • <u>Model</u>: WG-158TM • <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Length: 88.61", bar length only 51.57", bar diameter 1.10", sleeve diameter 1.97", Weight: 20KG, Finish Black Kation, Bar rotation system: dry metal, Knurl 2 section not middle Knurl, Depth of Knurl .3mm-.5mm, Warranty 5 years.
28	<p>Uesaka 15 Kg Training Bar</p> <ul style="list-style-type: none"> • <u>Make</u>: Power Lift • <u>Model</u>: WG-158TW • <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Length: 79.134", bar length only 51.57", bar diameter 1.10", sleeve diameter 1.97", Weight: 15KG, Finish Black Kation, Bar rotation system: dry metal, Knurl 2 section not middle Knurl, Depth of Knurl .3mm-.5mm, Warranty 5 years.
28	<p>Lock Jaw Pro Collars Black</p> <ul style="list-style-type: none"> • <u>Make</u>: Power Lift • <u>Model</u>: LJC-PRO-2 • <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Black, Weight: 16 oz per set. Warranty 1 year, Spring-loaded locking tab.
28	<p>Lock Jaw Pro Collars Blue</p> <ul style="list-style-type: none"> • <u>Make</u>: Power Lift • <u>Model</u>: LJC-PRO-2 • <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Blue, Weight: 16 oz per set. Warranty 1 year, Spring-loaded locking tab.
28	<p>Intek Hard Chrome 45lb Power Bar</p> <ul style="list-style-type: none"> • <u>Make</u>: Power Lift • <u>Model</u>: OPBR-HC • <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Length 87", Weight 44lb, 200,000 PSI tensile strength, Heavy-duty bronze bushings, medium grade knurling, Dual knurling marks
14	<p>Intek Curl Bar</p> <ul style="list-style-type: none"> • <u>Make</u>: Power Lift • <u>Model</u>: SOEZ-CP

	<ul style="list-style-type: none"> • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ Hardened chrome finish for corrosion resistance, Brass Bushing design, Medium knurl pattern, 1 1/16" shaft, 300lb test, Weight 25lbs.
32	<p>Intek gray – 45 lb. Steel Plate</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> RSO-45 • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ Ergonomic grip surfaces match the anatomical shape of the hand, Cast Steel, Embossed weight designation visibility, five fully integrated hand grips.
16	<p>Intek gray – 25 lb. Steel Plate</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> RSO-25 • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ Ergonomic grip surfaces match the anatomical shape of the hand, Cast Steel, Embossed weight designation visibility, five fully integrated hand grips.
32	<p>Intek gray – 10 lb. Steel Plate</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> RSO-10 • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ Ergonomic grip surfaces match the anatomical shape of the hand, Cast Steel, Embossed weight designation visibility, five fully integrated hand grips.
168	<p>Intek Armor Series – 45 lb. Black Bumper Plate w/logo</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> IBBN-45 • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ One-piece hardened chrome center hug, urethane encasing, Minimal dead drop, Matte finish
1	<p>Custom Decal Logo Package</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> Custom • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ Custom decal package: Wolves font on spotter arms, Northwest font on spotter arms, Northwest font on opposite Spotter Arms, Wolf head decal on machines, Wolf head decal on lateral view top racks.
1	<p>Custom Safety Squat Bar Storage Cart</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> Custom • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ Stores 14 bars
112	<p>Intek Armor Series – 25 lb. Blue Bumper Plate w/logo</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> IBCN-25 • <u>Additional Specifications:</u>

	<ul style="list-style-type: none"> ○ One-piece hardened chrome center hug, urethane encasing, Minimal dead drop, Matte finish
112	<p>Intek Armor Series – 10 lb. Gray Bumper Plate</p> <ul style="list-style-type: none"> ● <u>Make</u>: Power Lift ● <u>Model</u>: IBCN-10 ● <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ One-piece hardened chrome center hug, urethane encasing, Minimal dead drop, Matte finish
112	<p>Intek Armor Series – 5 lb. Urethane Olympic Plate</p> <ul style="list-style-type: none"> ● <u>Make</u>: Power Lift ● <u>Model</u>: ITUSS-005 ● <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Stainless Steel center hub minimizes rust and corrosion, encased in high quality urethane, ergonomic grip surfaces match the anatomical shape of the hand, Matte finish.
112	<p>Intek Armor Series – 2.5 lb. Urethane Olympic Plate</p> <ul style="list-style-type: none"> ● <u>Make</u>: Power Lift ● <u>Model</u>: ITUSS-002.5 ● <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Stainless Steel center hub minimizes rust and corrosion, encased in high quality urethane, ergonomic grip surfaces match the anatomical shape of the hand, Matte finish.
784	<p>Custom Urethane In-Lay Logo</p> <ul style="list-style-type: none"> ● <u>Make</u>: Power Lift ● <u>Model</u>: CBPLOGO ● <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ NW custom logo
2	<p>Intek 5-125 x 5lb Solid Urethane Dumbbell Set w/logo</p> <ul style="list-style-type: none"> ● <u>Make</u>: Power Lift ● <u>Model</u>: DBSUTSET005-125 ● <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Encased in high durability urethane, press-fit and welded for a one-piece solid dumbbell, Matte finish
2	<p>Intek Solid Urethane Dumbbell Set 7.5-27.5 x 5 w/logo</p> <ul style="list-style-type: none"> ● <u>Make</u>: Power Lift ● <u>Model</u>: DBSUTSET007.5-027.5 ● <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Encased in high durability urethane, press-fit and welded for a one-piece solid dumbbell, Matte finish
2	<p>Intek Solid Urethane Dumbbell Set 32.5-52.5 x 5 w/logo</p> <ul style="list-style-type: none"> ● <u>Make</u>: Power Lift ● <u>Model</u>: DBSUTSET032.5-052.5 ● <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Encased in high durability urethane, press-fit and welded for a one-piece solid dumbbell, Matte finish
2	<p>Intek Solid Urethane Dumbbell Set 30-50 x 5 w/logo</p> <ul style="list-style-type: none"> ● <u>Make</u>: Power Lift

	<ul style="list-style-type: none"> • <u>Model</u>: DBSUTSET030-050 • <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Encased in high durability urethane, press-fit and welded for a one-piece solid dumbbell, Matte finish
2	<p>Intek Solid Urethane Dumbbell Set 55-75 x 5 w/logo</p> <ul style="list-style-type: none"> • <u>Make</u>: Power Lift • <u>Model</u>: DBSUTSET055-075 • <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Encased in high durability urethane, press-fit and welded for a one-piece solid dumbbell, Matte finish
2	<p>Intek 20 lb. Kettlebell Cast Iron W/Rubber Base</p> <ul style="list-style-type: none"> • <u>Make</u>: Power Lift • <u>Model</u>: KBC-020 • <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Natural cast iron body, Durable black powder coat finish, Rubber base for Protection, One piece body construction.
2	<p>Intek 25 lb. Kettlebell Cast Iron W/Rubber Base</p> <ul style="list-style-type: none"> • <u>Make</u>: Power Lift • <u>Model</u>: KBC-025 • <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Natural cast iron body, Durable black powder coat finish, Rubber base for Protection, One piece body construction.
2	<p>Intek 35 lb. Kettlebell Cast Iron W/Rubber Base</p> <ul style="list-style-type: none"> • <u>Make</u>: Power Lift • <u>Model</u>: KBC-035 • <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Natural cast iron body, Durable black powder coat finish, Rubber base for Protection, One piece body construction.
4	<p>Intek 40 lb. Kettlebell Cast Iron W/Rubber Base</p> <ul style="list-style-type: none"> • <u>Make</u>: Power Lift • <u>Model</u>: KBC-040 • <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Natural cast iron body, Durable black powder coat finish, Rubber base for Protection, One piece body construction.
4	<p>Intek 45 lb. Kettlebell Cast Iron W/Rubber Base</p> <ul style="list-style-type: none"> • <u>Make</u>: Power Lift • <u>Model</u>: KBC-045 • <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Natural cast iron body, Durable black powder coat finish, Rubber base for Protection, One piece body construction.
4	<p>Intek 50 lb. Kettlebell Cast Iron W/Rubber Base</p> <ul style="list-style-type: none"> • <u>Make</u>: Power Lift • <u>Model</u>: KBC-050 • <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Natural cast iron body, Durable black powder coat finish, Rubber base for Protection, One piece body construction.

4	<p>Intek 60 lb. Kettlebell Cast Iron W/Rubber Base</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> KBC-060 • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ Natural cast iron body, Durable black powder coat finish, Rubber base for Protection, One piece body construction.
2	<p>Intek 75 lb. Kettlebell Cast Iron W/Rubber Base</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> KBC-075 • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ Natural cast iron body, Durable black powder coat finish, Rubber base for Protection, One piece body construction.
2	<p>Intek 80 lb. Kettlebell Cast Iron W/Rubber Base</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> KBC-080 • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ Natural cast iron body, Durable black powder coat finish, Rubber base for Protection, One piece body construction.
2	<p>Intek 100 lb. Kettlebell Cast Iron W/Rubber Base</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> KBC-100 • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ Natural cast iron body, Durable black powder coat finish, Rubber base for Protection, One piece body construction.
14	<p>The Original DC Block Set of 18</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> DC-18 • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ 15.5” wide x 19” deep x 2” tall. Composite material made from “un-recyclable” plastics, Will not chip, crack, break or rust.
24	<p>Uesaka 5 kg Bumper Air-Disc</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> 5kg white • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ White
4	<p>Free Standing Adjustable Cable Column</p> <ul style="list-style-type: none"> • <u>Make:</u> Power Lift • <u>Model:</u> 63556B, FSACC • <u>Additional Specifications:</u> <ul style="list-style-type: none"> ○ Length: 37”, Width: 21”, Height 94”, 3/16” jacketed to ¼ “ military grade cables, 1” solid chrome guide rods, 4 ½ “ pulleys, 200lb weight stacks with 10lb increments and 5lb rubber split weight, Cable guide swivels 180 degrees on 2 bronze bearings.

4	<p>Free Standing Combo Pulley</p> <ul style="list-style-type: none"> • <u>Make</u>: Power Lift • <u>Model</u>: 63410E, FSSCP • <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Height:96”, Width: 68 ¾ “, Depth: 66”, 3/16” jacketed to ¼ “ military grade cables, 1” solid chrome guide rods, 4 ½ “ pulleys, 300lb weight stacks with 10lb increments and 5lb rubber split weight.
3	<p>Dip Attachment Storage Rack</p> <ul style="list-style-type: none"> • <u>Make</u>: Power Lift • <u>Model</u>: 13032B, ASR • <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Each rack stores 5 Dip Attachments
4	<p>Band and Belt wall mounted storage.</p> <ul style="list-style-type: none"> • <u>Make</u>: Power Lift • <u>Model</u>: CUST • <u>Additional Specifications</u>: <ul style="list-style-type: none"> ○ Wall mounted band and belt storage, 8 prongs 5”

Quote Due Date: Sealed quotes must be received no later than 2:00 PM CST on February 3, 2021.

Deliver/Mail Quotes to:

Waukee Community School Operations Facility
Attention: Kirk J. Johnson, Chief Operations Officer
1000 6th Street
Waukee, Iowa 50263
Notated: “*Northwest HS: Package A – Weightroom Equipment*”

Quotes should be physically delivered or mailed to the address above and must be received by the deadline.

Notice to Vendors:

- Subject to the conditions, provisions and the specifications associated with this RFQ, quotes will be received at the designated location until the stated date and time.
- Waukee Community School District reserves the right to reject any or all quotes received, waive irregularities or technicalities in any quote, which it deems to be in its best interest.
- Quotation should include shipping, delivery, installation and all related components. Waukee Community School District is a tax-exempt school district in Iowa. Payment will be made in full within (30) days after delivery of product is completed.
- Quotes must include all items within a specific package.
- Successful company shall comply with all requirements set for by the district for installation, including, but not limited to background checks being completed for all installers.
- Delivery and applicable installation may occur after May 1, 2021 and must be completed by June 15, 2021. Deliveries must be arranged with the district in advance and will be delivered to:
Northwest High School - 655 NW 10th Street, Waukee, Iowa 50263

- The District reserves the right to reject any or all bids or to seek clarification upon responses received. RFQ submissions will be evaluated based on a variety of factors, including but not limited to:
 - Best value to Waukee Community School District
 - Ability to meet specifications
 - Warranty
 - Responsiveness to RFQ terms
 - Cost
 - Vendor experience and references
- All vendors will be notified via email of the district's decision.
- Questions may only be submitted via e-mail to Kirk J. Johnson, Chief Operations Officer at kjohnson3@waukeeschools.org. Questions are allowed between January 13 – February 3, 2021. The district will provide responses to those questions deemed appropriate to all vendors via the district's website: <https://waukeeschools.org/departments/business-services/notice-to-bidders-rfp/>. Responses will not be provided on an individual basis.