Standard 4: Students acquire the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others. (ASCA 7)						
6	**7**	**8**	**9**	**10**	**11**	**12**
B.A. Develop intrapersonal skills.						
Identify resources in the school and community and know how to seek help.	Identify personal strengths and assets.	Examine personal values, attitudes, and beliefs.	Understand the impact of attitude on behavior.	Understand the impact of personal beliefs and values on behavior.	Develop confidence and self-efficacy based upon personal beliefs, attitudes, and behaviors.	Make decisions based on personal values and beliefs.
B.B. Develop interpersonal skills.						
Identify different personality styles.	Understand the importance of including others in social groups.	Appreciate alternative perspectives.	Compare and contrast bias, prejudice, and stereotypes.	Recognize personal stereotypes and the effects they have on relationships.	Understand the difference between diversity and inclusion.	Understand the importance of social responsibility in various settings.
Recognize examples of healthy conflict.	Use communication to resolve conflict.	Explore how learning/personality styles impact conflict management techniques.	Understand the need for self-control during conflicts.	Develop a variety of conflict management techniques.	Apply conflict management techniques to a variety of settings.	Apply conflict management techniques to a variety of settings.
Describe different strategies in dealing with various kinds of bullying.	Distinguish between bullying/harassment and healthy conflict.	Analyze bullying behaviors that exist within and outside of the school environment.	Recognize individual responsibilities in promoting a safe school environment.	Identify strategies and resources for responding to bullying and harassment.	Identify strategies and resources for responding to bullying and harassment.	Identify strategies and resources for responding to bullying and harassment.
Recognize different types of bullying including cyberbullying.	Identify short and long term consequences of bullying.	Analyze short and long term consequences of bullying.	Identify legal definitions of bullying and harassment.	Identify legal implications of bullying and harassment.	Identify legal implications of bullying and harassment.	Identify legal implications of bullying and harassment.
Standard 5: Students plan for their future based on interests and goals. (ASCA 8)						
6	**7**	**8**	**9**	**10**	**11**	**12**
B.A. Develop goal setting skills.		**B.A. Create, implement, and evaluate action plans to achieve goals.**				

Explore organization skills to achieve goals.	Explore attainable goals that relate to student's lifestyle.	Plan high school courses based on interests and skills.	Examine the connection between course selection, academic indicators, and future pathways.	Use decision-making skills that include an understanding of the consequences of choices.	Explore future pathways and the respective procedures for application.	Select academic/career paths and consider procedures for application.
		Set goals based on a career cluster of interest.	Identify post-secondary options consistent with interests, aptitude and abilities.	Reevaluate academic plan based on changes in interests and academic progress.	Review and revise course plan based on interests and academic progress.	Reflect on changes in interests and goals.
			Reflect on and adjust academic plan based on current progress and interests.			

Standard 6: Students understand safe and healthy choices. (ASCA 9)

6	7	8	9	10	11	12

B.A. Develop an awareness of personal safety.

6	7	8	9	10	11	12
Explore various resources in the school and community and the services they provide.	Explore the need for boundaries, rights, and personal privacy.	Demonstrate the ability to set boundaries, understand rights, and protect personal privacy.	Identify resources in the school and community, and know how to seek their help.	Recognize the impact of social media on personal safety.	Differentiate between situations requiring peer support and those requiring adult professional help.	Apply effective problem-solving and decision-making skills to make safe and healthy choices.
Learn about the emotional and physical dangers of substance use and abuse.	Explore substance use and abuse and its impact on daily living.	Understand how peer pressure impacts choices related to substance use and abuse.	Recognize the educational, social, and economic impact of substance use and abuse.	Identify the benefits of a drug and alcohol free lifestyle.	Identify skills and resources needed to sustain a drug and alcohol free lifestyle.	Apply knowledge of substance use and abuse to promote a healthy lifestyle.

B.B. Establish healthy relationships.

Explore situations when peer support is appropriate.	Differentiate between positive and negative peer pressure.	Differentiate between situations requiring peer support and situations requiring adult professional help.	Recognize personal boundaries, rights and privacy needs.	Understand the impact of personal relationships on physical and emotional well-being.	Analyze relationships that can cause stress, conflict, emotional and/or physical danger.	Engage in relationships that promote positive mental and emotional health.