

Elementary PE Department Philosophy Statement

The Waukee Elementary Physical Education program aims to provide inclusive, safe, and supportive learning communities where ALL students can feel empowered to become courageous movers. We encourage all students to adopt a positive relationship with healthy activity; to celebrate physical, mental, and social well-being; and to develop habits that lead to long, healthy, happy lives.

2nd Grade PE Description

In 2nd Grade, Waukee students will actively engage and participate in Physical Education class. Primary units of focus may include skipping and running with proper form, developing overhand throwing, and applying knowledge to combine different movements and locomotor skills.

Students will...

- Skip and run with proper form
- Throw overhand with proper form
- Apply movement-based knowledge to combine different movements (space, pathways, levels, speeds, force) and locomotor skills (hop, gallop, run, slide, skip)
- Actively engages in physical education class in response to instruction and practice

2nd Grade PE Units

- 1) Locomotor Movements
- 2) Overhand Throwing
- 3) Personal Space
- 4) Combined Movement Skills
- 5) Personal & Social Responsibility