

**Elementary PE Department Philosophy Statement**

The Waukeee Elementary Physical Education program aims to provide inclusive, safe, and supportive learning communities where ALL students can feel empowered to become courageous movers. We encourage all students to adopt a positive relationship with healthy activity; to celebrate physical, mental, and social well-being; and to develop habits that lead to long, healthy, happy lives.

**4th Grade PE Description**

In 4th Grade, Waukeee students will actively engage and participate in Physical Education class. Primary units of focus may include throwing overhand in a variety of activities with proper form and accuracy, using proper form to strike objects with long or short pieces of equipment, and combining movement skills and strategies in various activities.

**Students will...**

- Throw overhand with proper form and accuracy over a reasonable distance
- Strike an object with a short- or long-handled implement using proper form
- Combine movement skills and strategies in a variety of activities
- Actively engage in teacher-directed and independent activities in physical education class

**4th Grade PE Units**

- 1) Overhand Throwing
- 2) Striking with short / long handled implements.
- 3) Combined movement & strategy in tactical gameplay.
- 4) Personal & Social Responsibility