



1. Demonstration of Fitness Knowledge and Skills
2. Responsibility & Social Interaction
3. Safety in Physical Education

**1. Demonstration of Fitness Knowledge and Skills**

<p><b>EE</b></p>	<p>In-depth inferences and applications that meet and exceed secure expectations.          The student might:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Determine what barriers can cause a non-healthy, active lifestyle in their own lives or others and offer up solutions.</li> </ul>
<p><b>Sc+</b></p>	<p>In addition to Sc performance, in-depth inferences and applications with partial success.</p>
<p> <b>Sc</b></p>	<p>The student will:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Analyze and apply knowledge and skills for supporting a healthy, active lifestyle</li> <li><input type="checkbox"/> Select activities that best meet their own individual fitness needs</li> </ul> <p>The student exhibits no major errors or omissions.</p>
<p><b>Dv+</b></p>	<p>No major errors or omissions regarding Dv content and partial success at Sc content.</p>
<p><b>Dv</b></p>	<p>The student will:</p> <p>Recognize or recall specific terminology, such as:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Muscular Strength</li> <li><input type="checkbox"/> Flexibility</li> <li><input type="checkbox"/> Cardio Endurance</li> <li><input type="checkbox"/> Dynamic vs Static Stretching</li> </ul> <p>Perform basic processes, such as:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Perform basic skills associated with lessons being taught</li> <li><input type="checkbox"/> Create parts of a warm up plan.</li> <li><input type="checkbox"/> Knows how to self-monitor aerobic intensity</li> </ul> <p>However, the student exhibits major errors or omissions regarding the Sc content.</p>
<p><b>Bg+</b></p>	<p>Partial knowledge of the Dv content, but major errors or omissions regarding the Sc content.</p>
<p><b>Bg</b></p>	<p>With help, the student exhibits partial knowledge of the Dv content, but major errors or omissions regarding the Sc content.</p>
<p><b>Bg-</b></p>	<p>With help, partial understanding of Dv content, but no understanding of Sc content.</p>


\*With help may include rephrasing questions, asking probing questions, and/or providing prompts or sentence starters.

## 2. Responsibility & Social Interaction

<b>EE</b>	<p>In-depth inferences and applications that meet and exceed secure expectations.          The student might:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Create games/activities with their classmates and organize and participate successfully taking into account barriers that may exist</li> </ul>
<b>Sc+</b>	In addition to Sc performance, in-depth inferences and applications with partial success.
 <b>Sc</b>	<p>The student will:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Select and/or modify activities appropriately to match their own skill level</li> <li><input type="checkbox"/> Engage their classmates, regardless of ability, in the activity</li> <li><input type="checkbox"/> Communicate using skills and strategies that promote teamwork and sportsmanship</li> </ul> <p>The student exhibits no major errors or omissions.</p>
<b>Dv+</b>	No major errors or omissions regarding Dv content and partial success at Sc content.
<b>Dv</b>	<p>The student will:</p> <p>Recognize or recall specific terminology, such as:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Sportsmanship</li> <li><input type="checkbox"/> Teamwork</li> </ul> <p>Perform basic processes, such as:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Display teamwork &amp; sportsmanship within different games and activities that promote a positive class environment.</li> <li><input type="checkbox"/> Select and participate in physical activities that meet the need for self-expression and enjoyment.</li> <li><input type="checkbox"/> Maintain a positive attitude toward their classmates and their opponents</li> <li><input type="checkbox"/> Understand how to motivate and engage others in activities</li> </ul> <p>However, the student exhibits major errors or omissions regarding the Sc content.</p>
<b>Bg+</b>	Partial knowledge of the Dv content, but major errors or omissions regarding the Sc content.
<b>Bg</b>	With help, the student exhibits partial knowledge of the Dv content, but major errors or omissions regarding the Sc content.
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### 3. Safety in Physical Education

<p><b>EE</b></p>	<p>In-depth inferences and applications that meet and exceed secure expectations.          The student might:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Create a product that conveys information on proper etiquette, teamwork, best practice, etc.</li> <li><input type="checkbox"/> Demonstrate ability to differentiate best practices between different activities.</li> </ul>
<p><b>Sc+</b></p>	<p>In addition to Sc performance, in-depth inferences and applications with partial success.</p>
<p> <b>Sc</b></p>	<p>The student will:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Follow gym expectations and procedures to optimize safety</li> <li><input type="checkbox"/> Use equipment as directed to meet the needs of the activity</li> <li><input type="checkbox"/> Follow individual activity rules and expectations to optimize safety</li> </ul> <p>The student exhibits no major errors or omissions.</p>
<p><b>Dv+</b></p>	<p>No major errors or omissions regarding Dv content and partial success at Sc content.</p>
<p><b>Dv</b></p>	<p>The student will:</p> <p>Recognize or recall specific terminology, such as:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Gym etiquette</li> </ul> <p>Perform basic processes, such as:</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Describe gym expectations and procedures</li> <li><input type="checkbox"/> Describe individual activity expectations</li> <li><input type="checkbox"/> Identify examples of safe and unsafe gym behaviors</li> </ul> <p>However, the student exhibits major errors or omissions regarding the Sc content.</p>
<p><b>Bg+</b></p>	<p>Partial knowledge of the Dv content, but major errors or omissions regarding the Sc content.</p>
<p><b>Bg</b></p>	<p>With help, the student exhibits partial knowledge of the Dv content, but major errors or omissions regarding the Sc content.</p>
<p><b>Bg-</b></p>	<p>With help, partial understanding of Dv content, but no understanding of Sc content.</p>

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