

Secondary PE Department Philosophy Statement

The Waukeee Physical Education program seeks to empower all students to participate in regular, lifelong physical activity to create a foundation for a healthy, productive, and fulfilling life.

Team Sports Description

The goal of this course is to establish an understanding of a variety of team sports while promoting a healthy lifestyle through physical activity. This course exposes students to different pathways to participate in physical activity. Skills, techniques, and fundamentals of each sport will be emphasized. All outdoor activities are weather-permitting. Possible course activities include volleyball, football, basketball, soccer, frisbee games, team handball, and floor hockey.

Students will...

- Applies the terminology associated with exercise and participation in selected individual-performance activities, dance, net/wall games, target games, aquatics, and/or outdoor pursuits appropriately
- Uses movement concepts and principles (e.g. force, motion, rotation) to analyze and improve performance of self and/or others in a selected skill.
- Uses strategies and tactics effectively during game play in net/wall and/or target games.
- Applies strategies and tactics effectively during game play in net/wall and/or target games.

Team Sports Units

- 1) Football
- 2) Volleyball
- 3) Basketball
- 4) Soccer
- 5) Team Handball
- 6) Ultimate Frisbee
- 7) Floor Hockey

Waukeee CSD 6-12 Guiding Principles

- Responsive instruction and ongoing assessment are necessary for all learners to grow and progress.
- A body of evidence is used to determine proficiency.
- Course grades accurately communicate only academic achievement of the standards.
- Equitable practices and opportunities exist across all classrooms.