

[WCSD PE Standards](#)

[8th Grade PE Course-at-a-Glance](#)

Secondary PE Department Philosophy Statement

The Waukeee Physical Education program seeks to empower all students to participate in regular, lifelong physical activity to create a foundation for a healthy, productive, and fulfilling life.

[8th Grade PE Progress Report Statements](#)

[8th Grade PE Proficiency Scales](#)

8th Grade PE Description

In eighth grade, students will foster a positive attitude toward fitness and health. They will apply strategies, tactics, and movement skills learned in sixth and seventh grade PE to a variety of activities, games, and sports. They will use their understanding of physical literacy to develop and reflect on personal physical fitness habits in order to be equipped with the knowledge and skills needed to lead active, healthy lifestyles.

Students will...

- Refine motor skills and movement patterns within team and individual activities.
- Apply strategies and tactics to a variety of games and sports.
- Strengthen an understanding of personal fitness knowledge and skills.
- Demonstrate responsible personal and social behavior within the physical education setting.

8th Grade PE Units

- 1) Introduction to Expectations & Routines
- 2) Indoor Offense & Defense Games & Sports
- 3) Offensive Skills in Indoor Games
- 4) Outdoor / Indoor Offensive Skills
- 5) Outdoor Offense & Defense Games & Sports
- 6) Fitness Knowledge and Personal Goal-Setting

Waukeee CSD 6-12 Guiding Principles

- Responsive instruction and ongoing assessment are necessary for all learners to grow and progress.
- A body of evidence is used to determine proficiency.
- Course grades accurately communicate only academic achievement of the standards.
- Equitable practices and opportunities exist across all classrooms.